Spring

Ideas for 4-5's

Communication, Language and Literacy

Learn 'I Can Sing a Rainbow'

Red and yellow and pink and green
Purple and orange and blue,
I can sing a rainbow,
Sing a rainbow,
Sing a rainbow too.

https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-i-can-sing-a-rainbow/zn3tqp3

Maths

Make a daily routine chart together

You can display this and talk about the sequence of your child's day.

Use 'time' words like morning, after dinner, before bed, now and next.

Physical

Make Your Own Rainbow

Design a Rainbow to display in your window at home. You could colour it, paint it or get messy with glue.

It will put a smile on everyone's face as they pass your window during their daily exercise.

Emotional and Mental well-being

Try Some Animal Yoga

https://www.youtube.com/watch?v=5XCQfYsFa3Q

Rotherham Metropolitan Borough Council