Winter

Ideas for 4-5's

Communication, Language and Literacy

The start of Lent 17th February

Talk about food you would eat and what foods you may consider giving up for lent.
Lots of people give up chocolate for lent, this is signified by the sharing of Easter Eggs on Easter Sunday.

Maths

Shopping for ingredients

Make your list, go to the local greengrocers or supermarket, weigh, measure and help your child prepare everything for their vegetable soup.

Physical

Nature walk and rubbings

Go out on an adventure, take some paper and wax crayons and see what exciting things you can find to make a rubbing.
Try textures like tree bark, walls, unusual pavings, street signs and so on, the list is endless when you look what's around you.

Emotional and Mental well-being

Happy hot chocolate

Make a vegetable soup from the ingredients that you bought.
Nothing more comforting than a bowl of hot delicious soup.

Always be aware of sharp objects and hot food around young children