Spring

Ideas for 4-5's

Communication, Language and Literacy

Who is on the Telephone

Do you have any paper or plastic cups?
Pierce a hole in the bottom of both cups and thread a piece of string through each hole and tie it in a knot.
You have made your very own telephone! You could even decorate it. Pass one cup to the other person and start your conversation.

Maths

Treasure Map

Can you make your very own treasure map for the garden or indoors?
Draw a map of the garden and where you want to hide the treasure. You can add in swamps, animals, anything.
Once you have drawn your map ask someone to hide some treasure for you to find.
Off you go to hunt for the treasure!!

Physical

Lets Balance

This can be indoors or outdoors.

Together see how many positions you can find to practice your balance?
Can you balance on one leg? Can you balance on your tiptoes? Can you walk in a straight line without wobbling?
Really good to develop your gore strength.

Emotional and Mental well-being

The Face Game

Can you guess the emotion?

Take it in turns to make a different facial expression and the other person has to guess which emotion it is.
It will make you both laugh.
See how many you can do!
Talk about how you feel.

Rotherham Metropolitan Borough Council