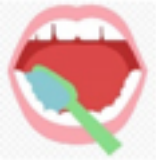
Spring

Ideas for 4-5's

Communication, Language and Literacy

Let's learn a new Washing Song

This is the way we wash our hands,
Wash our hands,
Wash our hands,
This is the way we wash our hands,
On a bright and sunny morning.



Try changing the words to:
'Brush our teeth'
'Wash our face'
'Brush our hair' etc.

Maths

Money Maths

Empty out the coins from your purse or wallet. Let your child help you to sort the coins into piles with other coins that are exactly the same.

Can they help you sort and count out all the 1p coins? And the 2p coins?
How many 5p coins are there?
How many 10p coins?
How many silver coins altogether?

Physical

Go Fetch

Each player has a bowl or basket.
Place it on an agreed starting line at the bottom of your garden or yard.
Place random things around the garden for everyone to collect; these could include tins, shoes, pencils or plastic beakers etc…anything will do!
Shout 1,2,3, go! Each person leaves the starting line and runs to collect an item, they must bring the items back and place them into their bowl one at a time, before going to get another item.
No cheating 😊
Who can find the most? Who is fastest?
You can play this indoors at a much slower pace, just make sure everyone knows what they are looking for!

Emotional and Mental Well-being

Make simple playdough with your child:

You will need:

- 1 large cup of flour.
- 1/4 cup of salt.
- 1/2 cup of warm water.
- 1 tablespoon of vegetable oil.

Add all the ingredients together bit by bit into a big bowl. Stir well and knead on a floured table or kitchen top.
Now your dough is ready.
You could even add food colouring or try adding a scent with herbs like mint or parsley. If you keep it clean, the dough will last all week in an airtight container.

Check out this link for more variety
https://www.instructables.com/id/How-to-Make-Playdough-Without-Cream-of-Tartar/