All About Me – My One Page Profile

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My name is:

My birthday is:

I live with:

Important people to me are:

Insert Photo

My medical needs are:

I use this equipment:

I communicate by:

It is useful to know that when I want or need something I:

Things that may upset me are:

I may let you know I am upset by:

 Things that make me happy are:

You will know that I am very happy when:

 

It is important that you know that I can do these things on my own or with a little help:

I will need you to help me with:

These are the people who have worked with me in the past:

I eat and drink using: