

EXAMPLE LETTER TO PARENTS

[Insert School logo]

PROUD TO BE SMOKEFREE

Dear Parent or Guardian,

[Insert name of School] will be adopting a Smokefree policy. This means you can no longer smoke or vape throughout our school grounds including:

- outside the school gates
- near school crossings
- on our sports fields.

This applies to all school events and activities before and after school. Please note: It is not law but is a voluntary code. [Insert name of School] has chosen to take this action for the benefit of our children and parents and carers.

These are the reasons why we have become a Smokefree school:

1. Protect children from harm
2. Three out of four children are aware of cigarettes before they reach the age of five. Evidence tells us that children are less likely to start smoking if they do not see it.
3. Two thirds of smokers say they began smoking before the age of 18, when it's illegal to purchase cigarettes, and 9 out of 10 began before the age of 19.
4. Children exposed to second hand smoke are at much greater risk of cot death, meningitis, lung infections and ear disease.
5. A child or parent who already has asthma or other respiratory conditions is at a high risk of being affected by second hand smoke, even brief exposure can trigger an attack. Children are powerless to protect themselves from the dangers of second hand smoke ...but you can!

There is help available to give up smoking. Contact Get Healthy Rotherham - it's a free service. Email or phone: Get Healthy Rotherham.

Email: PARKWOOD.gethealthyrotherham@nhs.net

Telephone: 01709 718720.

We would like your support in making [Insert name of School] a Smokefree school and community. You can make the difference!

[Signature]

Head Teacher

[Insert name of School]