ROTHERHAM'S ALL AGE AUTISM STRATEGY 2024 -2027





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Rotherham All Age Plan 2024-2027



Introduction

Rotherham's All Age plan started during the COVID pandemic in 2020. Autistic people in Rotherham say that there is still more work that needs to be done.



Rotherham's plan is to help autistic people reach their goals and live their best life possible, while having the same opportunities as everyone else.



We want Rotherham to become an autism friendly town. We have made a plan for the next three years that includes children, young people and adults with autism.



This also includes families and carers. Rotherham has been doing things to make the lives of children, young people and adults better.

Rotherham All Age Plan 2024-2027



These are:

 Making sure that those autistic people in Rotherham who are most in need are being seen and supported by both health and social care



 Working on Rotherham's public health plan. This will make sure that young autistic people can join in on activities which support them to be healthy. An example of this can be seen with KOOTH and QWELL:



• **KOOTH-** is an online mental health counselling service for young people aged 11-25



• **Qwell-** is an online mental health counselling service which supports adults

Rotherham All Age Plan 2024-2027



• Making sure there is a good tranistion service when young autistic children are moving to adult social services



 Making Rotherham a safe space, supporting anyone who has a mental health crisis outside of Rotherham.
 Having support for people in crisis and stop people going to A and E



 Creating a diagnostic plan for Rotherham Adult Neurodiversity Support Service (RANSS). This is for people who know or think they are autistic and for autistic people who were diagnosed in the past but did not have support



 RDASH has a new all age autism diagnostic service



Consultation

We worked with Rotherham Parent Carer Forum to do a consultation.



Rotherham Parent Carer Forum were aware of peoples different needs so to get people's ideas we gave autistic people different ways to give their feedback.



A Total of 175 people gave us their views and experiences.



Most of these people were autistic, and some people who know or think they are autistic.



We did four focus groups

 Nayi Zindagi - a community organisation that empowers people with learning disabilities from ethnic communities



 Speakup for Autism - A self-advocacy group to give a voice for autistic people



• Autistic young people (under 18)



• Autistic people ages 18+

We have listened to what people said and made some changes to this plan.

Our priorities for 2024-2027 are:



• Welcome and Care



• Value and Include



Communicate



• Work in Partnership



Welcome and care

Support young people with care and support needs to prepare for adulthood; we will do this by 2025. Our priorities are:



• Work together with organisations to make a new transitions service



 Make sure the voice of the person is heard,listened to and respected



• Create more job opportunities for peope with care and support needs



 Look at how we can use the NHS Autism Programme in Schools

Value and Include



We will look at how we can lower health and care inequalities for autistic people and give more opportunities for people to get care and support closer to home. We will do this by 2024. Our priorities for this are:



 Making sure the Oliver McGowan training is given to all frontline NHS and social care staff



 South Yorkshire ICB will work with other NHS organisations, so that we are able to do more assessments for children, young people and adults and lower waiting lists



 Review mental health services to make sure that the needs of autistic people are included in these services



 Creating a 'safe space' so that people don't need to go into mental health hospitals



 Giving more opportunities for real choice in employment through supported Internships



• Give more choice around transport



• Help autistic people to work on their independence and life skills

Communicate



Give autistic people accessible information and advice that supports people to make their own decisions and choices; we will do this by 2025:



 Make sure there is easy read information for people, including this plan



 Make a new web page for the Rotherham Local Offer for children social care



 Make sure information about adult social care on the My Front Door website and the Rotherham Local Offer page



Work in Partnership

Provide person centred support; we will do this by 2025



• Make sure Adult, Children's, Health and Education services are working better together



Spending money on Assistive
 Technoogies (AT) and think about
 how technology can make life better
 for people. We also have an Assistive
 Technology plan to support this work



- With this plan we hope we will acheive these goals:
- 1. People in Rotherham will be able to understand and accept autistic people



2. Lower health and care inequalities for autistic people



3. Autisitc people get the right health and social care services in their communities



4. Autistic children and young people will be able to get better access to education and more positive transitions into adulthood



5. Autistic people enjoy the benefits of employment



This easy read was created by Speakup Self Advocacy for Rotherham Council February 2024. Graphics and photos by photosymbols. Ophotosymbols[®]